

# Volunteer Opportunities

## Task Description

**Volunteer Role:** **Dementia Buddy**  
**Contact name:** Nancy Whiskin  
**Contact details:** 0207 377 7792 or 0208 535 6772  
**Service area:** Newham Hospital, Royal London Hospital, Whipps Cross Hospital  
**Vision:** **Volunteers to support activities of patients identified with Dementia.**

**Objective** To have volunteers specifically trained in Dementia awareness and care providing friendship and entertainment to keep patients morale engaged and positive. They will ensure that day rooms linked to Dementia care have interesting materials/displays and other resources.

### Task Description

- Dementia buddies are there to provide friendship, conversation and activities to dementia patients.
- They will support and create interesting and entertaining environments including day rooms and other for the patients.
- provide conversation, and other valuable activities such as: reading, playing games, or just listening to somebody talking
- There might be some meal time involvement including ensuring patients have a comfortable experience when eating and they are able to choose the food that they eat.

### Person Specification

- Friendly and positive
- Good communication skills
- Ability to work in a team
- Compliant with requests from staff
- Able to uphold the Vision and Values of Bart's Health Trust
- Ability to actively listen
- To be respectful and understanding of different patients cultures, ethnic and minority backgrounds
- Creative and spontaneous to patients needs
- Objective and non-judgemental
- Comply with confidentiality and disclosure

### Training

- Welcome Induction and Introduction to the Vision and Values of the Trust
- Fire Training
- Health and Safety
- Moving and Assisting
- Dementia Awareness
- Basic Food hygiene
- Confidentiality and Disclosure
- Safeguarding

### Uniform

- Tabard or T-shirt and Identity badge to be worn at all times.

### Benefits

An experience of being part of the largest health Trust in Europe, regular volunteers bulletin, social occasions, and reference provided in line with policy.

